

## **Help By Making Kids' Bags**

Each week Open Table Concord Pantry and Open Table Maynard Pantry provide child appropriate snack items for our pantry guests aged 12 and under.

Preparing individual "kid's bags" is a wonderful group project and a fun way for children to get involved with helping others. The donated snack items may be packed in plastic bags or small paper bags with handles. Each pantry serves approximately 100-150 children per week. Your donation of any number of kid's bags is appreciated!

Please register your activity with us so that we can best prepare for your delivery. Register at <u>opentable.org/donate-groceries</u>.

### Open Table Food Donation Locations and Hours

**Maynard Pantry** 

33 Main Street, Maynard Mondays and Thursdays 10:00 am – 2:00 pm Tuesdays 10:00 am - noon

#### Concord Community Donation Center 105 Everett Street, Concord Tuesdays 2:00 pm – 5:00 pm

For directions and other drop-off locations, please visit www.opentable.org

Questions: please contact us at pantry@opentable.org

# **Each bag should include about 5 items** from this list:

- 1 single serving 100% juice
- 1 single serving shelf-stable chocolate milk
- 1 snack sized cereal or oatmeal packet
- 2 snack sized apple sauces, fruit cups, or puddings
- 2 fruit based whole grain granola/ snack bars
- 1 small bag of crackers, pretzels, or popcorn or other grain snack

Please label any bag with contents that contain peanuts or peanut butter.

No candy please!

#### Make It Fun!

- Use your imagination and decorate the Kids' Bags with markers, crayons, stickers, or other craft items
- Write fun notes, riddles, or holidaythemed sentiments
- Include a surprise item such as a pencil, eraser, small notebook, stickers, washable marker, or other fun item for a child