



OPEN
TABLE
CHOPPED
FOR CHARITY

CELEBRATING 30 YEARS OF SERVICE

30 YEARS AT OPEN TABLE

Welcome to Chopped for Charity! Tonight you're entering the theatrical world of Open Table's weekly challenge: taking the generous food donations from community partners along with rescued food and creating healthy, delicious meals. Our years of experience have taught us the winning formula is to add enthusiastic and committed volunteers. The end result? Nutritious meals that look beautiful and that people look forward to eating.

Your participation tonight allows you to both witness our process and support our mission of bringing healthy food to those in need. Open Table's vision is to end the indignity of hunger. Our belief is that all people should have access to healthy food. You are the network of support providing an important infrastructure. Thank you for celebrating with us tonight – our 30th anniversary – and for supporting us every other night. We truly couldn't do it without you.

Jeanine Calabria | Executive Director of Open Table

As a founder, I am pleased to welcome you to the 30th anniversary celebration. Our founding team would be so pleased to see how the organization has evolved while staying true to our original mission. Thirty years ago, it would have been inconceivable that Open Table would distribute 7,000 pounds of food each week in a dedicated location, own its own refrigerated truck, serve 250 meals weekly in two locations, and have paid staff as well as over 500 volunteers and a 15-member board.

I'm appreciative that Open Table works with partnering organizations to provide guests with support services. This was our original agenda for the future. We also hoped for the day when organizations such as Open Table would no longer be needed. That day seems even more remote than in 1989, so I am grateful that Open Table has the resources to continue to support the communities it serves.

Margaret King Goud Patterson | Co-Founder of Open Table



SPONSORS

THANK YOU FOR YOUR GENEROUS SUPPORT

PLATINUM SPONSOR - \$10,000

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CELEBRITY CHEF SPONSOR - \$5,000

ROTARY CLUB OF CONCORD

GRAND TASTING SPONSOR - \$2,500

EMERSON HOSPITAL
CAMBRIDGE SAVINGS BANK

CHOPPED SUPPORTERS - \$500

BARRETT SOTHEBY'S - CONCORD
DESIGN 1 KITCHEN & BATH
DAVID & HARRIET KAUFMAN
HAIR IN HARMONY
HUTCHINS FARM
JOURNEY WEALTH PARTNERS
MCWALTER VOLUNTEER INSURANCE
NASHAWTUC ARCHITECTS



SUPPORTING THOSE WHO HELP BUILD STRONGER COMMUNITIES.

Middlesex Savings Bank is proud to sponsor *Chopped for Charity* and Open Table's mission to provide healthy food, friendship, and support to those in need. To us, it's just part of what makes us a community. We are proud of where we stand. **Right there with you.**



Learn more about truly local banking,
visit middlesexbank.com

MEMBER FDIC MEMBER DIF

A place at the table

By Claire Neumann
beacon-villager@cnc.com

Putting food on the table can be a struggle for many families. For those hit by the harsh economy, there is a place to look for help. Open Table hosts community suppers and offers a food pantry to anyone who needs it - no questions asked.

"Anyone who comes in will be greeted with love, affection, respect, and a full meal," said Joseph Mullin, who has served on Open Table's board of directors for the past two years.

Serving more than 250 dinners each week, Open Table started in Concord in 1989, branching out to Maynard in 2006. Originally housed in the Union

Congregational Church, Maynard Open Table served dinner at its new location in Clock Tower Place's cafeteria Dec. 6.

At the Maynard community dinner, guests receive a complete meal, including dessert, at no charge and also offered a bag of supplies for an additional meal at home. Nutrition is always taken into consideration, and cooks prepare items separate from the main meal for those with dietary restrictions. Take home meals are available for family members who cannot attend the meal.

Starting Dec. 20, guests will be able to select groceries from the pantry rather than receiving a prepackaged bag.



A group of Fenn School boys delivering food items they were collecting in a school-wide canned food drive

Open Table celebrates first year

MAYNARD — Open Table Maynard, a local emergency food provider serving nutritious meals to those in need, is pleased to announce it celebrated its first year anniversary earlier this month at Union Congregational Church, 80 Main St. Community supporters attending the event applauded the new program as an important hunger relief program serving the community.

Maynard neighbors and businesspeople are working together with the leaders of Open Table Concord to provide a weekly, free dinner

every Monday 5:30 to 6:30 p.m. that is available to residents of Maynard and the surrounding towns including Sudbury, Stow, Hudson and Acton.

Project Bread and the Maynard Community Chest were among early donors to launch this new program. Currently, Open Table Maynard is serving over 50 guests including children at its community supper. An onsite food pantry will be an additional service added at the end of this month to support guests.

There is an ongoing need

for volunteers who can prepare and serve dinner, work on publicity for community outreach, and help with the new Open Table Maynard pantry. A volunteer time commitment can be as little as four hours per month. Community groups can also do small service projects such as table decorations, neighborhood fundraising drives.

"Open Table Maynard is already serving more than 50 guests in its first year thanks to Maynard neighbors and businesses that are stepping up to support those in need of

a free dinner in a friendly, supportive environment. Unfortunately, the need for hunger relief work exists in all of our communities," said Joel Nimar, a local businessman and Open Table board member. "All are welcome, no questions asked."

Donations to support the new Maynard-based initiative may be sent to Open Table Maynard, P.O. Box 404, Maynard, MA 01754. Contact Ann-Marie Babish at 978-823-0082 for information or e-mail opentablemaynard@yahoo.com.

Beacon 3/10/14

Open Table to open in Maynard

Open Table, a Concord-based hunger relief organization, now in its 16th year of serving weekly, nutritious dinners to those in need, is pleased to announce the formation of Open Table in Maynard. Maynard neighbors and businesspeople are working together with the leaders of Open Table in Concord to introduce a weekly, free dinner that will be available to residents of Maynard and the surrounding towns of Hudson, Sudbury, Stow, and Acton.

All are welcome to the informational meeting that will be held Monday, Dec. 5 at 7 p.m. at the Union Congregational Church, 80 Main St., Maynard. Come join the group of interested citizens who are working together to plan this new organization. Coffee and refreshments will be served.

Find out how to support this important work. There is an im-

mediate need for volunteers who can cook, manage the dinner event, oversee the cleanup process and shop weekly for food supplies. The volunteer time commitment could be as little as four hours per month.

"Open Table is organizing a weekly supper in Maynard for those in need of a free dinner in a friendly, supportive environment. This need for hunger relief work exists in all of our communities," said Joel Nimar, of Open Table in Concord. "Since 1989, we have provided a hot meal and groceries to anyone who comes through the door at First Parish in Concord. All are welcome, no questions asked."

Donations to support the new Maynard-based initiative may be sent to Open Table Maynard, PO Box 404, Maynard, MA 01754. Contact Karen Meyn at 978-823-0082 for information or e-mail opentablemaynard@yahoo.com.

Iron Chef Competition and Fundraiser

The DiGiovanni Family sponsors Open Table's 25th Anniversary Iron Chef Competition and Fundraiser on Saturday, April 12, 6-9 p.m., 300 Baker Ave., Concord. Watch local cooking teams compete as they slice, dice, and ice their way to cooking fame. Cheer on your

favorites when they present their creations to the judges. Tickets are \$55 per person Enjoy hearty hors d'oeuvres and delectable desserts Tickets available online at opentable.org/iron-chef and at: Debra's Natural Gourmet, West Concord Serendipity Café, Maynard The Concord Bookshop, Concord.



Girl Scouts help children in need

Junior Girl Scout Troop 66169 at Thoreau Elementary School spent Jan. 15 creating snack bags for other local children in need through Open Table. They organized all the items, counted each piece and estimated the cost of each completed snack bag.



BY THE NUMBERS IN A YEAR AT OPEN TABLE

WE ADDRESS HUNGER IN OUR LOCAL COMMUNITY BY
PROVIDING HEALTHY FOOD IN A WELCOMING ENVIRONMENT
WHILE RESPECTING THE DIGNITY OF THOSE SERVED



87,000 PANTRY SHOPPING VISITS

591 UNIQUE HOUSEHOLDS

378,000 LBS. FOOD DISTRIBUTED

10,125 COMMUNITY MEALS SERVED

520 DEDICATED VOLUNTEERS

\$50 PROVIDES 1 PERSON A WEEK OF MEALS

\$150 FILLS A CART FOR A FAMILY OF 4

\$500 FEEDS A FAMILY FOR A MONTH





CHOPPED FOR CHARITY

WELCOME TO OPEN TABLE'S
EVENING OF CULINARY ENTERTAINMENT

WELCOME
JEANINE CALABRIA, EXECUTIVE DIRECTOR

THANK YOU TO SENATOR JAMIE ELDRIDGE
& REPRESENTATIVE KATE HOGAN
GLENN MIGLIOZZI, CO-CHAIR OF THE BOARD

THANK YOU TO OUR SPONSORS
JILL BLOCK, CO-CHAIR OF THE BOARD

AUCTION OF ENTRÉE JUDGE SEAT

COOKING COMPETITION

CUTTING OF THE CAKE

AUCTION OF COOKIE DECORATING JUDGE SEAT

COOKIE DECORATING COMPETITION

AUCTION OF COOKIE HOUSES

ANNOUNCE SILENT AUCTION WINNERS

CLOSING REMARKS & GOODNIGHT

CHOPPED COOKS

 **CONCORD POLICE DEPARTMENT**
"LOCKED UP" OFFICER GREG MAILLOUX,
OFFICER MICHAEL BORDENCA & SERGEANT MICHAEL BURGESS

 **GAINING GROUND**
"POPCORN SANDWICH" DOUG WOLCIK, JARED KIMLER
& KIM SCHMIDT

 **MINUTE MAN ARC**
"MMAWESOME" JEAN GOLDSBERRY, JOANNE LEMIRE
& KIMBERLY HUXLEY

COOKIE DECORATORS

 **CONCORD FIRE DEPARTMENT**
"FIRE AND ICING" BRAD FERRIE, LINDSAY MCGLOUGHLIN
& SCOTT WODZINSKI

 **FENN SCHOOL**
"FENN FOODIES" AMY STIGA, ELISE MOTT & LYNN DUVAL

 **MAYNARD COOKBOOK CLUB**
"TOUGH COOKIES" DEIRDRE LAWE, GIANNA HOBAN & LIZ BARRETT

 **ROTARY CLUB OF CONCORD**
"ROTARY COOKIE MONSTERS" HELEN HALORAN, HENRY DANE
& SHEILA WATTS

MEET YOUR JUDGES

ENTRÉE COMPETITION
MARK VALENTINE | KITCHEN TO TABLE FOODS
MATT MOLLOY | THE CONCORD MARKET
MEREDITH POWELL | ORANGE DOOR KITCHEN

DECORATING COMPETITION
JOHNNY HOBSON | SERENDIPITY CAFE
KAREN COLLINS | BISOUSWEET CONFECTIONS
LAURA WEINSTEIN | COOKIE LADY TREATS

EVENT DONORS

PRODUCTION & DESIGN

HEAD OF FOOD SERVICE | MARK VALENTINE
EMCEE | SEAN KAVANAGH
MEDIA SUPPORT | PRESTON PRODUCTIONS
PHOTOGRAPHY | MILK & MAPLE PHOTOGRAPHY
LIVE MUSIC | THE ACTON MUSIC PROJECT

FOOD PLATTERS

| | |
|----------------------|----------------|
| CONCORD MARKET | HEBA ALLOH |
| CONCORD TEA CAKES | PAPA RAZZI |
| IDYLWILDE FARM | ROCHE BROTHERS |
| KITCHEN TO TABLE | VERRILL FARM |
| NASHOBA BROOK BAKERY | WHOLE FOODS |

SPECIAL THANKS TO THE THOREAU CLUB
AND WEST CONCORD WINE & SPIRITS

SILENT AUCTION

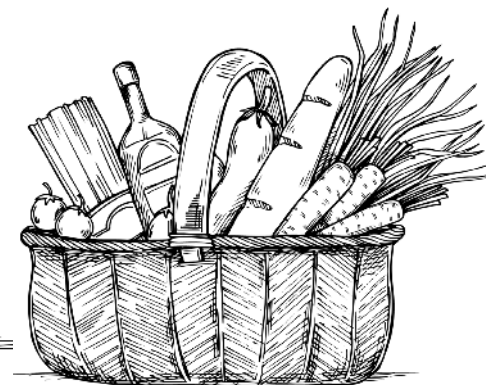
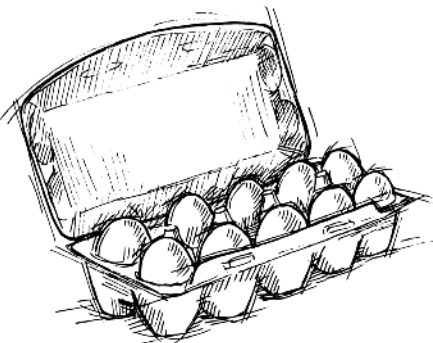
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|------------------------|-----------------------------|
| ASSABET VALLEY CHAMBER | RASPBERRY BERET |
| BE THE LOVE YOGA | ROSA SAIA |
| THE BLOCK FAMILY | ROTARY CLUB OF CONCORD |
| BULLFINCHS RESTAURANT | THE STASIOR FAMILY |
| THE COMPULSIVE BAKER | THE THOREAU CLUB |
| THE EVANS FAMILY | VERRILL FARM |
| KITCHEN TO TABLE | WEST CONCORD WINE & SPIRITS |
| THE MIGLIOZZI FAMILY | WESTON TABLE |
| OLIVER'S WANDS | WISE HARVEST DESIGN |

COMPETITION INGREDIENTS

DEBRA'S NATURAL GOURMET & THE OPEN TABLE PANTRY
COOKIE HOUSES BY BISOUSWEET CONFECTIONS

COMPETITION PRIZES

FARFALLE, FORGE & VINE, & GRAZING PLATTERBOARDS
CUSTOM CUTTING BOARDS BY UTECH





MEET THE TEAM

MANY THANKS TO OUR WONDERFUL VOLUNTEERS
FOR HELPING MAKE THIS EVENING POSSIBLE

PLANNING COMMITTEE

| | |
|-------------------|-----------------------------|
| ALANNAH GUSTAVSON | EVENT COORDINATOR |
| NORMA FRYE | PROGRAM DIRECTOR |
| JENNIFER CLARKE | VENUE & FOOD DONATIONS |
| LINDA HOLT | COMMUNICATIONS/PR |
| JUDY KRONWASSER | TICKET SALES & FOOD SERVICE |
| ELIZABETH STASIOR | TEAMS & PROGRAM BOOK DESIGN |

SPECIAL THANKS TO

BARBARA BLANKENSHIP, CAROLE PENDLETON,
CHRISTINE EVANS, CONNIE JOHNSON,
DEENA WHITFIELD, JANE BRAMBERG, JEANINE CALABRIA,
JULIE NEUBAUER, LYNN MIGLIOZZI, MARK VALENTINE,
PEGGY MCGILLEN & ROSE SAIA

HONORING SENATOR JAMIE ELDRIDGE & REPRESENTATIVE KATE HOGAN

Jamie Eldridge has served as State Senator for the Middlesex and Worcester district since January 2009 and currently serves as the Senate Chair of the Joint Committee on Judiciary. Jamie Eldridge is known as a leader on progressive issues and has filed bills aimed at increasing affordable housing options, making health care a right and eliminating poverty. Senator Eldridge advocates for increased funding for the Massachusetts Emergency Food Assistance Program in the state budget, which helps food pantries across the Commonwealth. He also secured state funding that helped Open Table increase its capacity and looks forward to presenting a citation from the Senate tonight celebrating Open Table's 30th anniversary.

Representative Kate Hogan is currently in her sixth term as State Representative for the Third Middlesex District, which includes the towns of Maynard, Hudson, Bolton, and Stow. Recently named the First Division Floor Leader, a member of Speaker DeLeo's team, she works as a bridge between House leadership and members to tackle the state's big issues. During her past two terms, Representative Hogan served as House Chair of the Joint Committee on Public Health and a co-chair of the Elder Caucus, where she was instrumental in shepherding landmark public health legislation into law. She is honored to celebrate Open Table's 30th year and the tremendous impact it has on our towns - providing a lifeline and community of support for local residents of all ages and backgrounds.



THE BOARD OF DIRECTORS

WE CONGRATULATE OPEN TABLE ON 30 YEARS OF PROVIDING
HEALTHY FOOD, FRIENDSHIP & SUPPORT TO THOSE IN NEED

OUR BOARD

JILL BLOCK, CO-CHAIR
BILL THORNBURG, TREASURER
STEPHANIE CLOUTIER
BRENDON DONNELLAN
MICHELE FISHER
WILLIAM KELLER
PEGGY MCGILLIN
MARY SIEGEL

GLENN MIGLIOZZI, CO-CHAIR
PATTY CHAMBERS, SECRETARY
KATHRYN CONDON
BARBARA EPSTEIN
CONNIE JOHNSON
MARYELLEN MCCARTHY
JULIE NEUBAUER



WE THANK PAST BOARD MEMBERS FOR FOSTERING
THE IMPACT AND GROWTH OF OPEN TABLE

THE ROTARY CLUB OF CONCORD
PRESENTS ITS 44TH ANNUAL
POPS NIGHT

FRIDAY, APRIL 12, 2019 AT "51 WALDEN" IN CONCORD
DOORS OPEN AT 7:00PM FOR SILENT AUCTION AND RECEPTION
TICKETS: \$30 EACH | ALL SEATS ARE RESERVED



BUY TICKETS ONLINE AT:
ROTARYCLUBOFCONCORD.ORG
FACEBOOK.COM/ROTARYCLUBOFCONCORD.MA

ALL NET PROCEEDS WILL BENEFIT OPEN TABLE'S WORK
TO ADDRESS FOOD INSECURITY IN OUR COMMUNITIES

YOUR JUDGES' EATERIES



CHOPPED PRIZE DONORS



We believe in
supporting our
community in a
meaningful way
by giving back to
those around us.

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CONGRATULATIONS
ON YOUR 30-YEAR
ANNIVERSARY!

THANK YOU FOR ALL YOU DO
FOR OUR COMMUNITIES.



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PAST BOARD MEMBERS

THANK YOU FOR YOUR REMARKABLE
LEGACY & SERVICE TO OPEN TABLE

BETSY SOULE, CAROL ANTOS,
JIM DIGIOVANNI, JOE MULLEN, LINDA ESCOBEDO,
DEENA WHITFIELD - CO-CHAIR EMERITUS,
LYN ZUBRIGG - FORMER CHAIR EMERITUS,
HARRIET KAUFMAN - PRESIDENT EMERITUS,
JIM TERRY - TREASURER,
PETER HILTON - PRESIDENT EMERITUS,
SYLVIA CULLINGTON - TREASURER

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CONGRATULATIONS ON 30 YEARS
OF NOURISHING OUR COMMUNITY

DEENA & RON WHITFIELD



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Photography

www.milkandmaple.com
info@milkandmaple.com
978-621-6781

Capturing What Fuels Us



SCHEIER KATIN & EPSTEIN, P.C.

ATTORNEYS AT LAW

MARK L. SCHEIER mscheier@skactonlaw.com MICHAEL E. KATIN mkatin@skactonlaw.com BARBARA J. EPSTEIN bepstein@skactonlaw.com

REGINA H. BUCKLEY
rbuckley@skactonlaw.com

FRANCISCO (CARLOS) MELÓN
cmelon@skactonlaw.com



Website: www.skactonlaw.com

Email: info@skactonlaw.com

103 GREAT ROAD, ACTON, MA 01720

Phone: 978-264-4655 ♦ Fax: 978-264-4979 (Real Estate) ♦ 978-263-2851 (General Office)
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Scheier Katin & Epstein, P.C. thanks Open Table for all it does to help alleviate food insecurity in our community

WILLIAM KELLER

KRASNOW, KELLER & BORIS, P.C.
ATTORNEYS AT LAW

665 FRANKLIN STREET
FRAMINGHAM, MA 01702
(508) 872-2710

WKELLER@KRASNOWKELLERBORIS.COM
WWW.KRASNOWKELLERBORIS.COM



CONGRATULATIONS TO OPEN TABLE FOR 30 YEARS OF SERVING OUR COMMUNITIES, PROVIDING FRESH FOOD AND WARM COMMUNITY.

THANK YOU TO ALL VOLUNTEERS FOR YOUR SUPPORT OF OPEN TABLE.



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Congratulations to Open Table for 30 years of fighting food insecurity and building community.

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Bolton, MA



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TO TABLE



F O O D S

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ON BEHALF OF OPEN TABLE, THANK YOU TO MARK VALENTINE FOR YOUR GENEROUS SERVICE TO OUR FOOD RELIEF WORK & 30TH ANNIVERSARY EVENT

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Our Guarantee:
You'll have an
enjoyable experience
from start to finish.



Laura Moore, M. Ed.
Principal, ClutterClarity LLC

Proud Member of
Open Table Business 500 Foundation



Printing
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Concord MA 01742

978.369.1991
concord@alphagraphics.com



RECIPES

FROM OUR OPEN TABLE KITCHENS

SAVORY CHICKEN WINGS

PROVIDED BY LYNEATH FLOYD

INGREDIENTS:

- 2 pounds chicken wings cut in single pieces (flipper discarded)
- 1/3 cup soy sauce
- 2 Tablespoons granulated sugar
- 1 Tablespoon dry sherry (optional)
- 2 1/2 inch fresh ginger root, scraped and cut into rounds
- 2 cloves star anise
- 1/3 cup water

DIRECTIONS:

1. In a dutch oven, bring 2 quarts of water to a boil. Drop the prepared wings in for three minutes. Remove the wings, drain the water and return the wings to the dutch oven.
2. In a separate bowl, mix the remaining ingredients well and pour over the wings.
3. Simmer, covered for 20 minutes, stirring occasionally. Be careful, it burns quickly. Remove the cover, baste often until the liquid is reduced by about half for around 15 minutes more.
4. Remove the ginger and anise. Spoon the sauce over the wings and serve. The sauce will thicken and coat the wings.

THAI KALE SALAD

PROVIDED BY BARBARA BLANKENSHIP

INGREDIENTS:

- 1 bunch kale, thinly sliced crosswise
- 3 medium carrots, julienned
- 1/2 bunch scallions (& 3 inches of the greens), thinly sliced
- 1 Tablespoon mint leaves, finely chopped
- 1/2 Tablespoon Thai or anise basil leaves, thinly sliced
- 1/3 cup unsalted, roasted peanuts
- 1 Tablespoon sesame seeds, lightly toasted (optional)

PEANUT DRESSING

- 2 1/2 Tablespoons roasted peanut oil
- 1 1/2 Tablespoons rice vinegar or cider vinegar
- 2 cups soy sauce
- 1 clove garlic, minced

DIRECTIONS:

1. Chop the kale, carrots and scallions and mix in a large bowl.
 2. Mix together the peanut oil, rice vinegar or cidar vinegar, soy sauce and garlic until well combined.
 3. Pour the dressing over the salad ingredients. Add the mint, basil, peanuts and sesame seeds. Mix well and serve.
-

VOLUNTEER WITH OPEN TABLE SERVE AS A MEMBER OF OUR TEAM

Join us in our mission to end food insecurity in our community. We rely on the energy, talent and enthusiasm of our volunteers. We have opportunities to help in the pantries, kitchens, and behind-the-scenes.

There are many different jobs to do, from food pick ups to preparing dinners to providing transportation. College and high school students and adults prepare dinners, shop for food, pick up food donations, assist in the pantry, serve dinners, provide transportation, organize food drives and more. Volunteers at our facilities must be of at least high school age.

Families and groups of younger volunteers can also contribute through community-based projects. We're so grateful for our wonderful volunteers and all they do to support Open Table. To learn more or register as a volunteer please see our website:

[OPENTABLE.ORG/VOLUNTEER](https://opentable.org/volunteer)

OPEN TABLE HOURS

PANTRY SHOPPING

TUESDAY 12:45-3:00PM | SENIORS (OVER 55 YEARS OF AGE)

TUESDAY 3:00-6:30PM FOR ALL

THURSDAY 3:00-6:30PM FOR ALL

THE MARKET PANTRY IS LOCATED IN OUR MAYNARD FACILITY
MAYNARD: 33 MAIN STREET | CONCORD: 20 LEXINGTON ROAD
COMMUNITY MEALS ARE OPEN TO ALL FREE OF CHARGE

COMMUNITY MEALS

MAYNARD DINNER

MONDAY 5:00-7:00PM | DOORS OPEN AT 5:00PM, DINNER SERVED AT 6:00PM

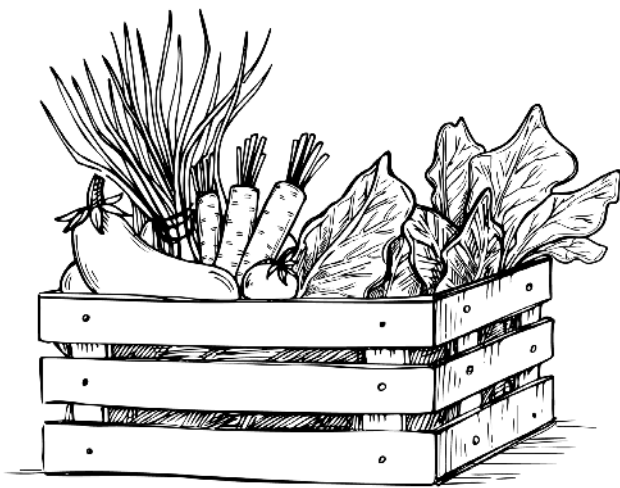
MAYNARD SENIOR LUNCH

TUESDAY 12:30-2:00PM | SENIORS (OVER 55 YEARS OF AGE)

CONCORD DINNER

THURSDAY 4:45-6:30PM | DOORS OPEN AT 4:45PM, DINNER SERVED AT 5:30PM





FRESH FOOD. HEALTHY COMMUNITY.