

News from around the table

It's summer, it's hot, and things are slowing down. Here are a few things to know about as we head into the dog days.

Music! Games! BBQ!

Get out of the hot kitchen and come on over to First Parish in Concord on Thursday, July 25th, for bbq night at Open Table! We'll have entertainment in the form of music and games; all are welcome and it's all free. Doors open at 4:45, dinner served at 5:30.



This will be our last Concord dinner for the summer; we'll start up again after Labor Day. We'll still be hosting dinners on Monday nights at our Maynard location, 33 Main Street, from 5-7 pm, so feel free to join us there in August.



Save the date

We know, we're still basking in the joy that is summer in New England, but September is lurking at the edge of it and we need to make some plans. So put Wednesday, September 25th on your

calendar – it's the date of Open Table's Annual Meeting and volunteer appreciation celebration. And given that it's our 30th year as an organization, it's bound to be pretty special.

More details to follow; for now, just hold the date...

HELP! We need somebody...

Hunger doesn't go on vacation, but our volunteers do. While they're off getting some well-deserved rest, we need people who can pitch in short term to



help out. So if you're around and can give a few hours to Open Table, we would greatly appreciate it.

Here are the times and days we need most:

- Mondays and Thursdays, 12-2 for pantry set-up (some lifting required)
- Tuesdays, 2:30 for pantry distribution
- Thursdays, 2:45-4:30 for pantry distribution

If you can help out at all, please contact us at volunteer@opentable.org. And



Art for a cause

Open Table Business 500 member

Coldwell Banker is teaming up with local artist Ellen Kelley McHale to take giving to the next level. They are hosting her art exhibit at their offices at 11 Main Street in Concord through September

31st. Ten percent of all art sold during that time will go to Open Table.

Ellen is a longtime Concord resident who returned to creating art as her youngest was leaving the nest. Her pieces are lovely and whimsical,

reflective of her own sunny personality. She is on the Board of Directors for The Umbrella Community Arts Center, chairing their annual gala. You can read all about her here.

The opening reception for her show, By the Sea, is on Wednesday, July 31st, from 4:30-6:30 pm at the Coldwell Banker office at 11 Main Street. Stop by to see her beautiful art for yourself, and pick up a piece or two.

Yoga thanks

Many thanks to yoga instructor David Stempko, who collected donations at his June community class for Open Table. He brought his take to us on July 9th and struck this yoga pose with program manager Samantha Hohl. We're grateful to him for thinking of us, and to Revolution Community Yoga in Acton who is sponsoring these special \$10 Saturday charity classes through the fall. Having community support like this is truly amazing.



David has two additional classes to benefit Open Table, on August 3rd and October 5th. Registration info is <u>here</u>.



Buy a bag, support OT

Throughout the month of August, Stop & Shop in Acton will donate \$1 from every Community tote bag sold in their store. The reusable bags sell for \$2.50; Stop & Shop chooses a different charity to support each month, and August is for Open Table. So next time you head

over there to get your groceries, pick up a Community tote bag and send a dollar to Open Table.

Thank you to another supportive community business!











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