



News from Around the Table



It's Finally Spring!!

And that means time for us to gear up for the Ride for Food! This annual fundraiser, sponsored by **Three Squares New England**, is a joyously fun way to get outside, make new friends and enjoy biking while

raising money for Open Table. The ride itself will take place in person on Sunday, October 3, at Nobles Greenough School in Dedham. Or you can join us virtually by riding, running, hiking, etc. from May through September.

We'll be registering riders next month, so look for details on our [website](#), social media or in your email. And until then, stop by our 33 Main Street location to see the super-cute Ride for Food window display created by student artists from the [Bromfield School](#).



We Break for Spring...

With the weather warming up, we thought it would be a good time to give our hard-working staff and volunteers a week off to refresh and renew. To that end, Open Table will be closed the week of April 19-23, reopening the following week.



Note to volunteers: don't succumb to spring fever while you're basking in the sun! Please schedule shifts you know you'll be able to make, as last-minute cancellations put us in a bind.



Maynard Library Supports Open Table

On Wednesdays in April, the [Maynard Public Library](#) is encouraging patrons to bring in items for Open Table. It's in conjunction with their [Outdoor Browsing program](#) in the library parking lot. For the next two Wednesdays, from 3-4:30 (weather permitting), anyone can swing by, check out books and donate to Open Table. We love our local library, and we love having their support!

Needed: Kitchen Assistant

Looking to jump-start your culinary career? Join our jovial teams (yes, we have several!) of people doing good in the world by preparing meals-to-go while honing valuable kitchen skills.



You will be a part of our Mobile Meals program that creates healthy pre-cooked meals for those in need. You'll assist the Kitchen Manager in aspects of menu planning, prepping, production, inventory control, scheduling and training volunteers in safe food handling, as well as maintaining the highest sanitation and cleaning protocols for the kitchen.

This is a paid position. For more information or to apply, visit <https://www.opentable.org/employment> or email us at office@opentable.org.



New Volunteer Software is Almost Here!

If you're a volunteer, you've been logging in and scheduling shifts through Volunteer Gopher. Well, get ready for a change! We're almost ready to change over to CERVIS, a system designed to give volunteers a more user-friendly experience when signing up for shifts. Prior to the April 25th start, all registered volunteers will receive a link via Gopher. You will then be able to create a new profile in CERVIS and schedule shifts for May. You will also be able to access CERVIS at opentable.org/volunteer.

This change will make scheduling easier than ever.

It's Tax Time -- Do Good for You AND Open Table

If you're 70.5 years of age or older and have an IRA, consider donating your Required Minimum Distribution to Open Table tax-free. When you do, you don't pay any federal or state income taxes on the value of the donation. This may also help you manage your income so you may pay a lower cost for Medicare. This of course depends on your unique financial situation so please review with a Certified Financial Planner, (CFP) or CPA first.



You must have the RMD sent directly to Open Table to take advantage of the benefits. If your IRA administrator doesn't offer check writing and instead transfers the money directly to the Open Table per your instructions, please be sure to call us and let us know to expect it so we know it's from you! Any questions, contact us at info@opentable.org.



This Month's Donations

We've gotten food, kids' bags, flowers and even donations from a lemonade stand. These are some of our dedicated in-kind donors for the month so far:

[Saint Matthew's United Methodist](#)
[The Bromfield School](#)
Hanscom AFB
[Crosby's Market](#)

[TriCon Church](#)
Harriet and David Kaufman
Thoreau Hills neighborhood

If you have groceries to donate, you can now drop them off in the bin at the new [Market Basket](#) in Maynard. Learn more about grocery donations and food drives [HERE](#).

And because of YOUR amazing support, we now are fully stocked on **egg cartons**. But we always need **paper shopping bags**, so recycle yours with us!

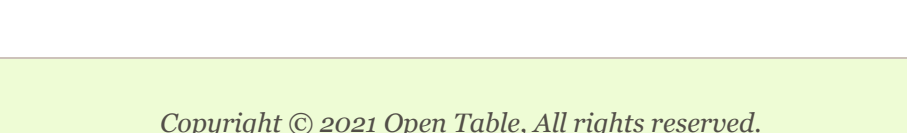
Fun Food Facts: Carrots



Carrots were first domesticated in Persia around 5000 years ago, and were usually yellow or purple. There are claims that the 16th century Dutch cultivated the orange variety to honor William of Orange and the burgeoning country's national color. But it is more likely that the variety was better suited to the mild, wetter climate in the Netherlands, and that when they introduced the vegetable to other European countries, the people assumed that was the norm. The color indicates a high level of beta-carotene, which your body converts to vitamin A, helping you grow and preventing illness.

When you prepare over 600 meals a week, it's likely you will be peeling lots of carrots! Fortunately, our unsung heroes are always up for the job. Our chefs recently cooked up carrots in a delicious Low Carb Shepherd's Pie; you can find the recipe [HERE](#).

[Donate Now](#)



Copyright © 2021 Open Table, All rights reserved.

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#).
[Share with a friend](#) or [Subscribe](#)

