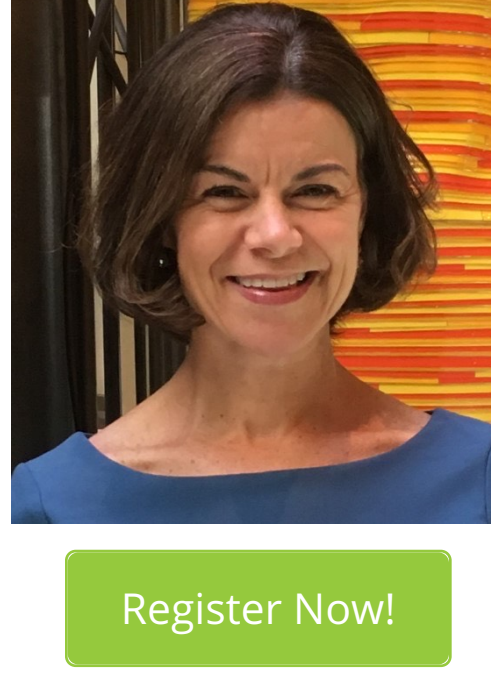


News from Around the Table

Katie Martin to Keynote Annual Meeting

Anti-hunger thought leader Katie Martin will speak on addressing hunger in our community at our Annual Meeting. She has 25+ years of experience in anti-hunger work and is the author of the book Reinventing Food Banks and Pantries: New Tools to End Hunger.

The meeting is free and virtual - this Wednesday, September 22, from 7-8 pm. There is still time to register! Come hear this riveting speaker and learn where we're going next.



[Register Now!](#)



Ride for Food is Almost Here!

Our team members are getting ready, in person and virtual, for the event on October 3rd. We had a great training ride on Saturday, August 28th followed by a picnic lunch provided by our kitchen manager Mark Valentine.

Our second training ride is coming up September 25th and is open to all riders. Just let Patsy Coffin or Aiko Pinkoski know if you want to join us. We'll be leaving from our 35 Main Street, Maynard home and going around 24 miles.

There is also a 5k walk option on the day of the ride, allowing non-bikers to participate. The walk follows the Nobles and Greenough cross-country course. Anyone interested needs to join our team and do some fundraising. But then you get to come to the outdoor socially-distanced event that day, which includes food trucks, entertainment, and adult beverages!

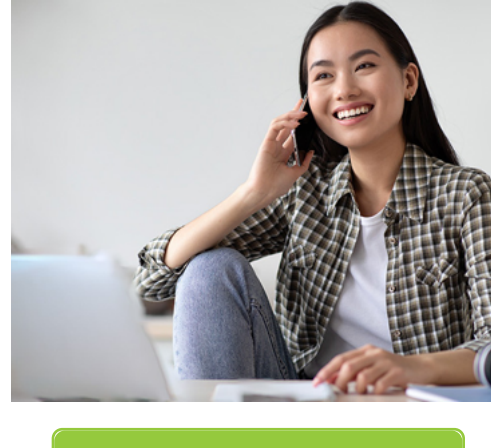
Fundraising goes through November 30, and can be made directly to the Open Table team here, or by sending a check made payable to Three Squares NE to Three Squares NE, P.O. Box 31, Belmont, MA 02478, and note who it is for (name of rider/walker and/or Open Table). Thanks to everyone who has already supported us!

[Join or Support our Ride for Food](#)

We Need You!

Did you know that over 50% of our clients order their groceries online? Online ordering provides the opportunity for clients to choose their own food, giving them a sense of dignity and control, limits waste, and allows them to tailor the help they receive to be the best possible fit for their own unique situation. Open Table's Online ordering program is seeking volunteers to assist clients with phone orders on Saturdays or Mondays 10am-12pm, or "shop" their orders at Pick & Pack on Mondays at 12-2pm or 2-4pm.

For other open positions, check out our new [Help Wanted](#) section on our website – we have openings for volunteer leadership, administrative and “behind-the-scenes” positions, and service areas in need of volunteers.



[Volunteer Page](#)

[Email Us](#)



Come See Us at the Market

We will be at the [Maynard Farmers' Market](#) this Saturday, September 25! Please stop by and chat with our representatives, hear about our programs, donate, and/or become a volunteer!



Volunteer Spotlight: Colby Chandler

Colby joined Open Table as a volunteer this summer in mid-June and amassed 98 hours of service! While his favorite activity was sorting incoming produce and groceries in Pick and Pack, Colby worked in every area at Open Table including grocery pick up, Mobile Pantries, distribution and the kitchen. Colby travelled to Maynard from Dracut where he attends Dracut High and is earning Community Service hours for his membership in the National Business Society, a branch of the National Honor Society that recognizes business students at the high school level. When asked what he liked best about working at Open Table, Colby responded “the people! Everyone who works and volunteers there is super nice, energetic and supportive.”



Thanks to You!

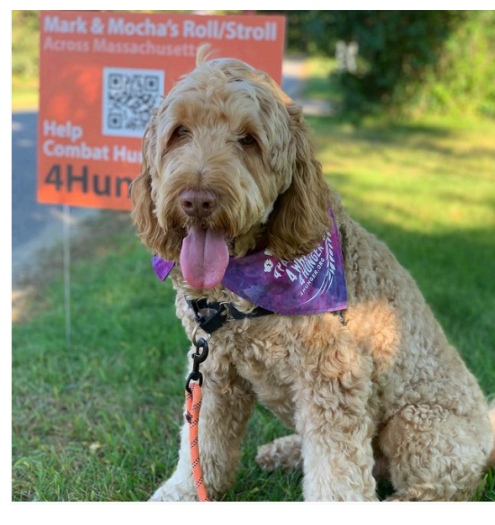
Each month we like to recognize the individuals and organizations who donate goods and services to help our clients. Here are this month's shout-outs.

- [Dumlin Farm](#)
- [Gaining Ground](#)
- [National Charity League - Middlesex Chapter](#)
- [Sudbury United Methodist Church](#)
- The McGachey Family
- Massachusetts DHCD
- [Maynard Community Chest](#)

September is Hunger Action Month

Kids go back to school in September, and we're even more aware of the toll food insecurity takes on them. All month we'll be sporting orange in support of hunger action. Every time you make a donation or volunteer your time or food you're taking action, and our clients are grateful. Your continued support means a lot.

[Donate Now](#)



Take Action: Walk, Wheel, Wow

Looking for other ways to take action? There are lots of events and activities advocating for hunger relief in our area in the coming weeks, including:

Follow Mark and Mocha's journey across Massachusetts: [4 Paws 4 Wheels 4 Hunger](#) and check out Sophie Wadsworth's video about their trip to fight hunger [HERE](#). Kids at First Parish in Concord were inspired by Mark and Mocha and will be hosting a food drive for Open Table - bring items to the blue drop off bin.

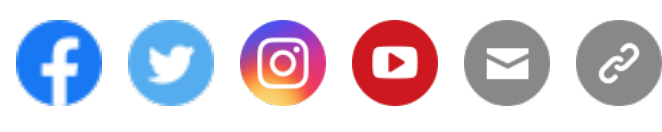
Or join the CROP Walk. This annual event will be live again this year on Sunday, October 17th starting at 1:30pm, and supports several local food pantries including Open Table. Leashed pets are welcome too! Learn more [HERE](#).

Fun Food Facts: Corn



Bet you've never counted, but did you know that corn almost always has an even number of rows, typically 16, and the average ear of corn has 800 kernels. The kernels are the seeds and the ear is part of the flower of this cereal crop that's part of the grass family.

First domesticated in Mexico about 10,000 years ago, corn is known as maize (from the Spanish maíz) in most of the world, and is now grown on all continents except Antarctica. Corn and its by-products can be found thousands of food and non-food items ranging from soda to glue and laundry detergent to fuel and fireworks! Now that's a big pop! While Chef Mark is out on medical leave, we'll share this recipe from our good friends at [Verrill Farm](#): [Corn & Tomato Tart](#).



Our Contact Information

{{Organization Name}}

{{Organization Address}}

{{Organization Phone}}

{{Organization Website}}

{{Unsubscribe}}