News from Around the Table



Sanctuary, the unique event venue in the heart of Maynard. Three talented chefs will compete to create something delicious with a mystery basket of ingredients, while three

Food security inequities are

symptoms of systemic barriers, including structural racism, across

judges, along with the audience member who bids the most, will taste the final results and determine a winner. While the event is sold out, you can join virtually by registering **HERE**. Thanks to <u>Preston</u> <u>Productions</u>, you'll be able to observe and even participate from your own home! Join us June 24 for this celebration of food and support our mission to eliminate hunger in our local communities.

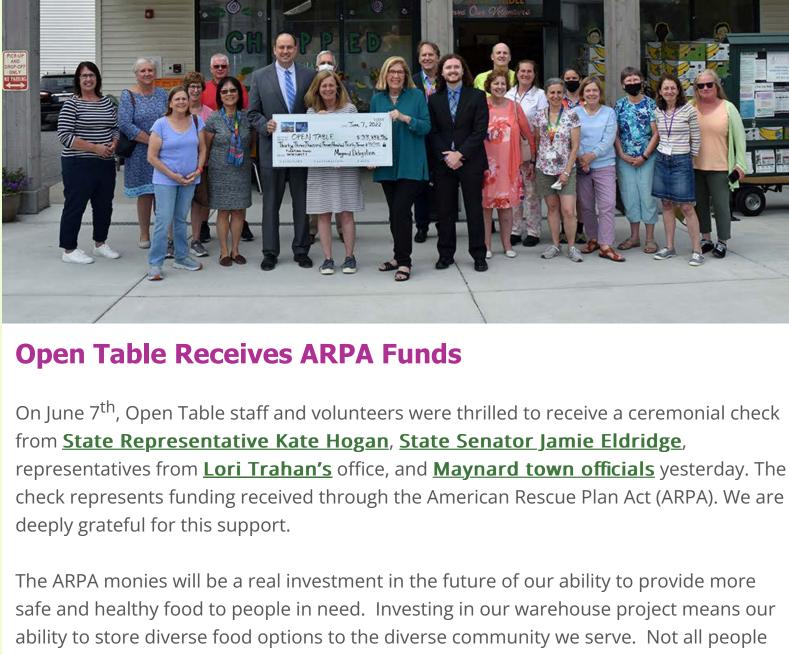
It's almost here!! On Friday, June 24, our signature fundraising event will kick into gear at

Get Chopped!

many sectors. Adults with food

insecurity had a much higher rate perceived everyday discriminati (86%) compared to those without insecurity (50%). **GBFB Releases "Gaps in Food Access" Report** The Greater Boston Food Bank does more than just provide food to area food pantries: they also keep abreast of trends in food relief and data on the impact of food insecurity. They recently released a video of their presentation on ways to improve food equity and access. Spoiler alert: it's not just about being hungry. Lack of food impacts many other areas of people's lives. You can view the video above. Or read the full report **HERE**.

Read Full Report



staff time and effort as well.

1322 Main Street

Book Club at Concord Library AFTER HOURS AT FOWLER A Book Club with Join Open Table and the **Concord Free Public** Open Table **Library** for a discussion of **Beautiful Country** by Qian Join us to discuss Julie Wang on Thursday, July 21st, 7:00 to 8:30pm at the Beautiful Country by Qian Julie Wang. Fowler branch, 1322 Main Street Concord. The event is Thursday, July 21 Country free, but space is limited, so registration is requested. 7:00-8:30 **Fowler Library** Qian lu

want the same food in the same quantity – a small warehouse facility will allow us to also

take advantage of pallet size quantities from the GBFB when available which saves their

Visit our Events Calendar at This powerful memoir of growing up as an undocumented concordlibrary.org to register. Copies of the book are immigrant living in poverty in the richest country in the available at Fowler. world will provide a basis for discussion of food insecurity in the United States and other issues that newly arrived immigrants face. The discussion will be facilitated in part Register by Open Table volunteer, Peilin Reed, whose family moved to New England from Taiwan when she was a teen.

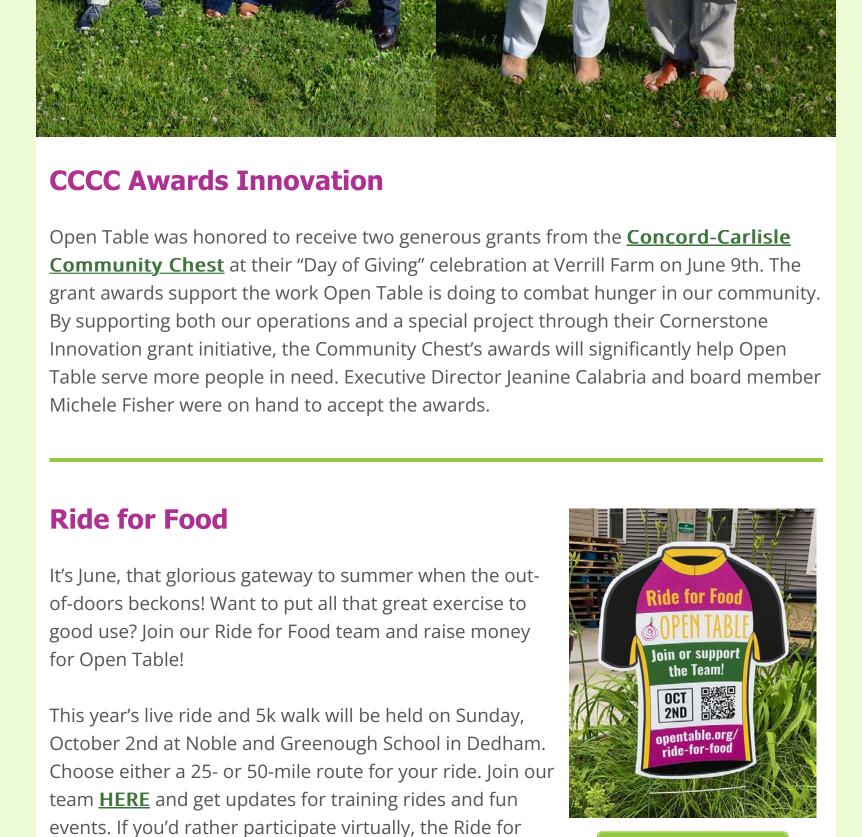


Table team members benefit Open Table. Smaller groups or even families can form their own teams and fundraise together.

Food Off the Beaten Path event runs from now until

October 2. Participants can choose their own activities

and raise funds along the way. All donations to Open

Join the Team

Questions? Contact

Team Leader

Patsy Coffin at pcoffin@opentable.or

g.

kohlrabi and garlic scape. Yes, that's three! Favorite local business or restaurant? Too many excellent restaurants in Maynard to narrow down – everyone should come in and check out the authentic cuisine in Maynard. My fav non-food biz is Kind Goods, just down the street from OT towards the Mill. They have the perfect set of gifts for any occasion, including for your own home. Definitely worth the visit. **Summer Student Internship** This summer Open Table is excited to welcome 24 high school students as part of Open Table's Summer Internship Program. These interns will work with staff to stock our Fresh Market Pantry, distribute thousands of pounds of food and create fresh meals for distribution from our surplus donations, and will be helping out with

So Thankful for Such a Supportive

community. As food insecurity rises, the community rises

to the challenge and donates their time, energy, food, and

funds to help out their neighbors. Some shining examples

We are so thankful for having such a supportive

Community

from this month include:

giving back to their community. The first 6 interns started

on June 20th and are excited to be volunteering, while

also developing leadership, teamwork, workplace, and

A team from Welch's (above) returned to the Community Donation Center in West Concord for another day of service, sorting hundreds of pounds of food, creating kids bags, and doing much-needed general organization. The West Concord Business Community organized donations and a food drive in memory of our good friend Debra Stark during Spring Into West Concord. Over \$1,350 was raised from generous West Concord businesses, residents, and visitors. And Students at **Alcott Elementary School** made weekly donations of fresh product from their **Student Garden** - we hope they will be back to harvest more in the fall! This month we would also like to thank these supportive donors:

- volunteers are taking a summer break. You can pre-order online for the following week starting on Thursday, July 7th on our website **HERE**. Or you can pre-order by phone for the following week on Saturday, July 9th or Monday July 11th from 10am to noon by calling 978-344-2079. We will reopen on July 11th. For those seeking food during the closure, a near-by alternative is the **Acton Food Pantry**. We are sorry for any inconvenience. Please contact us at info@opentable.org with any questions. Fun Food Facts: Strawberries
- It's June, and that means strawberries: luscious little packets of healthy sweetness. The first fruit to ripen in the spring, they are not technically berries as their seeds are on the outside and aren't actually seeds but the ovaries. Each one has a seed inside it. While



civic participation skills!

Open Table

One Thousand three hundred and fifty Dollars

local situations. Come Volunteer!"

Acton Boxborough United Way Hanscom AFB Commisary **Alcott Elementary School** Keller Williams Realty McGovern Automotive Group **Boy Scout Troop 132** Cambridge Savings Charitable Raspberry Beret **Foundation**

Carlisle Middle School Early Act

CCY Baseball and Softball

First Parish in Lincoln

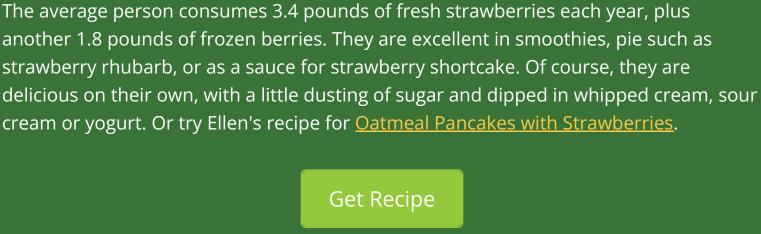
Congregation Kerem Shalom

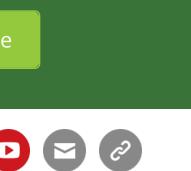
July Summer Break Closure

CCY Lacrosse

Concord Carlisle Community Chest

you can get them year round (California produces 75% of our berries) they taste better when picked fresh and eaten locally. There are numerous farms in our area for pickyour-own, or you can get them from a farm stand.





{{Unsubscribe}}

Donate Now

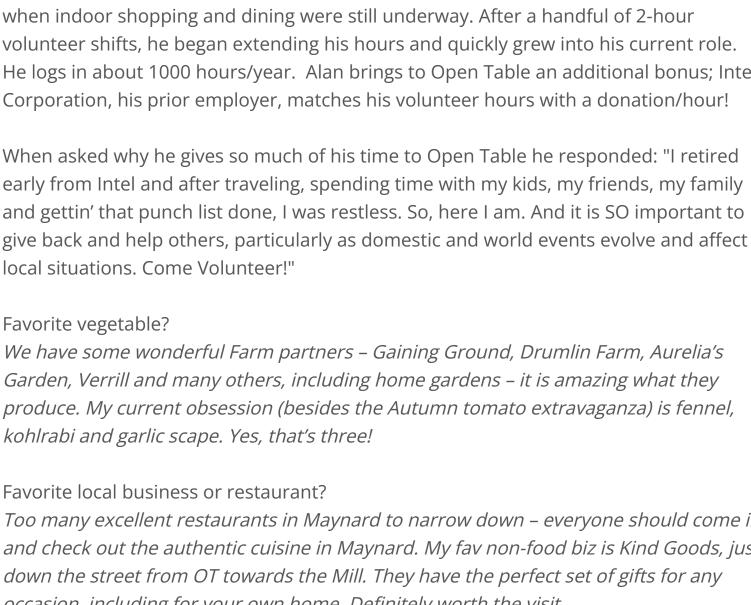


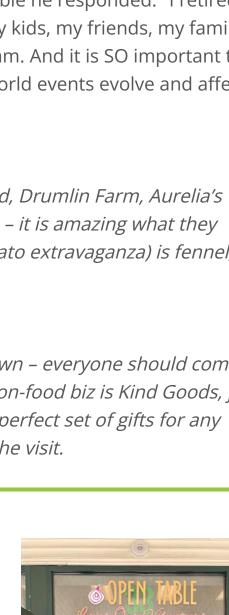


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Favorite vegetable? We have some wonderful Farm partners – Gaining Ground, Drumlin Farm, Aurelia's Garden, Verrill and many others, including home gardens – it is amazing what they produce. My current obsession (besides the Autumn tomato extravaganza) is fennel, our Kids Summer Lunch and Snack Program. All while gaining first-hand experience in non-profit food relief and













Candid.

