



# OPEN TABLE

MORE LOVE — LESS HUNGER

## News from Around the Table



### Ride for Food

Our Team had a terrific day on October 1<sup>st</sup> at the Ride for Food. **Check out the photos [HERE](#).** Thank you to our riders, walkers, volunteers, and everyone who has donated so far. We are still short of our \$50,000 goal and looking for your donation to get us there! Support your favorite team member!

[Support NOW](#)

**\$30,270** Raised **\$50,000**

### Fall Schedule Changes

Fall holidays and activities necessitate some schedule changes in the coming weeks. All volunteer shifts will be changed appropriately and volunteers notified.

#### Maynard Trick or Treats

Thursday, October 26: We will close at 3:30pm. All clients with later appointments are welcome to come earlier, starting at 12:30, or on Tuesday (10/24) 3:30 - 6:30pm.

#### Thanksgiving

- **Week Prior (11/13):** Along with groceries, we will be distributing pre-ordered Thanksgiving turkeys and meals.
- **Thanksgiving Week (11/20):** Standard grocery bags will be distributed Tuesday 1:00pm-6:30pm; all clients are welcome. We are **CLOSED** the rest of the week.
- **Week After (11/27):** We will be distributing standard groceries during our normal operating hours. There will be **no on-line or phone orders** due to the holiday weekend.



### Concord Turkey Trot

Looking for a fun way to kickstart your Thanksgiving Day and support Open Table? Registration is now open for the **Concord Turkey Trot from Marx Running and Fitness** in Acton! Register by November 10 and you're guaranteed a T-shirt!

[Learn More...](#)

### Buy a Bag, Give a Dollar

This month, Shaws Supermarket on Great Road in Stow is supporting Open Table through its buy-a-bag program. For every \$3 reusable bag you purchase from them, one dollar comes straight to Open Table. This promotion only runs through the end of October, so if you need new bags, get over there soon!



*ED Alex DePalo, Crane NXT Executive Assistant Arianne Edinger, and BOD member Jonathan Magasanik*

### So Much to be Thankful For!

Every month we are so thankful for the support we receive from you, our community, but in the past month we've been delighted to welcome some new donors and fun, innovative fundraising activities to our Table!

[Ewia Trattoria Maynard's](#) Cornhole Tournament was a great success, [Coldwell Banker's](#) Concord Flea Market provided beautiful bargains while supporting our mission, and Josh, a student at [Mass BJJ Acton](#) organized an in-house tournament fundraiser. We also received first-time generous gifts from [Crane Charitable Funds](#) and [Dunkin' Joy in Childhood Foundation](#). We look forward to partnering with all these organizations again to help spread More Love, Less Hunger.

In addition we'd like to thank our regular farm and grocery store partners, as well as these wonderful donors:

- [Avidia Bank](#)
- [Jill Bradford](#)
- [Cambridge Savings Charitable Foundation](#)
- [Concord Service Squad](#)
- [Holy Family & St. Irene Parishes](#)
- [New England Deaconess Association](#)
- [Rotary Club of Concord](#)
- [St. Isidore Parish](#)
- [Starbucks Coffee](#)
- [Stow Community Gardens](#)
- [The Sudbury Foundation](#)
- [Thoreau Neighborhood Families](#)
- [Welch Foods, Inc](#)
- [West Concord Union Church](#)

### Save the Date

While New Year's is still months away, we know many plan their celebrations well in advance. So mark your calendars for an evening of dancing and fun. Ring in the New Year while helping to ring out hunger! Tickets available soon.



### Fun Food Facts: Apples



Fall in New England — it's apple picking season! Did you know that a standard size apple tree starts bearing fruit 8-10 years after it is planted; a dwarf tree starts bearing fruit in 3-5 years. Producing one apple takes the energy of 50 leaves on the tree. And one gallon of apple cider takes about 36 apples. It's no wonder local orchards are working overtime in the fall! There are over 2,500 varieties of apples grown in the United States, with the most popular being Red Delicious, Golden Delicious, and Granny Smith. While most baking recipes call for peeled apples, feel free to munch on those peels while you're cooking because they hold most of the fruit's antioxidants. Speaking of baking, if you've got some apples on hand, give this Autumn Cake from Alannah's Aunt a try!

[Get Recipe](#)



[Donate Now](#)

#### Our Contact Information

\*{{Organization Name}}\*

\*{{Organization Address}}\*

\*{{Organization Phone}}\*

\*{{Organization Website}}\*

\*{{Unsubscribe}}\*