

## News from Around the Table



# Take Hunger off the Table

### Thank You for Helping Take Hunger off the Table

You have a lot of nonprofits vying for attention this time of year and we appreciate your time and consideration. While most guests prefer to remain anonymous, they still want you to know what your support means to them. "At the conclusion of my weekly visit, as I drive off from the Open Table's Maynard locale — generously provisioned with my "daily bread" — I am filled with gratitude."

During this time of harvest and giving thanks, we want to thank you for your support, and hope that you will donate today and help us [Take Hunger Off the Table](#).

Take Hunger off the Table

### Thanksgiving Schedule Changes

This week our staff and volunteers are busy distributing our fully prepared Thanksgiving meals, as well as frozen poultry, and holiday fixings bags for clients to make their Thanksgiving meals at home.

The holiday also necessitates the following program changes.

- Thanksgiving Week: There will be no online or phone orders. Standard grocery bags will be distributed Tuesday November 21st 1:00pm-6:30pm and all clients are welcome. We are CLOSED the rest of the week.
- The week after Thanksgiving: There will be no on-line or phone orders. We will be distributing standard groceries during our normal operating hours Tuesday 11/28 and Thursday 11/30 and clients are asked to come during their normal time.

We wish everyone – clients, staff, volunteers and supporters – a very Happy Thanksgiving!



### Start Thanksgiving with a Trot

What better way to start your Thanksgiving Day than with the Concord Turkey Trot! The family-friendly fun run begins at 8:30 on Keyes Road in Concord.

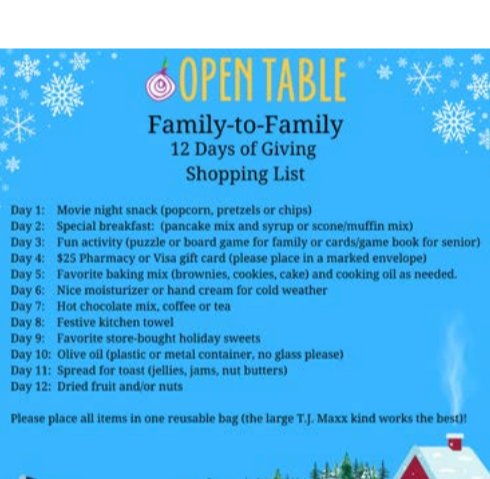
We are still looking for some volunteers to join us in helping Marx Running with the event. If you're interested in volunteering, please email [events@opentable.org](mailto:events@opentable.org) and we will give you all the details!

Race Info & Registration

### Holiday Happenings

We are excited to be a part of so many community events this time of year. First up is the St. Matthew's United Methodist Church's Festival of Sharing on Saturday December 2nd from 10:00am- 2:00pm. You can come say hello at our booth and buy a bag of our homemade granola! More details [HERE](#).

On Sunday December 3rd we will be at the Maynard Holiday Parade, stepping off at 2:00pm in Downtown Maynard, more details [HERE](#), and the Concord Tree Lighting from 3:00pm-6:00pm where you can stop by our booth to make reindeer food, play reindeer games, and have your picture taken with Rudolph! More details [HERE](#).



### Bring Joy Family-to-Family

There is still time to join our Family to Family program! Bring joy to a local household by creating a gift bag for a family or senior during the first 12 days of December. Register now and you will get full instructions with a list of items for each day and educational information to share with your family.

Register

### Ring in 2024 and Ring Out Hunger

Put on your sparkly best and come ready to dance — celebrate the new year while supporting our mission to end local hunger!

December 31, 2023, 8pm to midnight  
Concord Scout House (74 Walden Street)

Your favorite tunes spun by Northern Entertainment, heavy hors d'oeuvres from Lavishly Dunn, Chef Jed's delectable desserts, champagne toast, and FUN! Tickets are \$150 per person and on sale now!



Learn More...



### Great Pickings!

Local apple farm [Honey Pot Hill Orchard](#) opened their crop to Open Table pickers this past week, and boy, did you pick! Volunteer teams including: Momo Ando, Gretchen Findlay, Julie Fish, The Frye Families, Aiko Pinoski, Eric Schoen, Tom Szekely, Alannah Widman, and the amazing Troy Liston (who picked over 1160 pounds) delivered well over 2200 pounds of beautiful, fresh apples for our guests. There will be a lot of pies and apple treats on holiday tables thanks to this great effort!

In addition, we'd like to thank our regular farm and grocery store partners, as well as these wonderful food donors:

- Ascension Parish
- Blossom Station Child Care Center
- Bunny Class, The Community School
- CC ArtReach Club
- Concord Recreation Department
- Congregation Kerem Shalom
- Cumberland Farms, Maynard
- Laura's Delong
- Discovery Museum
- Donelan's Supermarket, Acton
- Alexandra Gibbons
- Holy Family Parish
- Just Team Pi
- Jonathan Magasanik
- Massachusetts Food Association
- Maynard Holiday Parade
- Mary Lou McColl
- Nashoba Brooks School
- Saint Matthew's United Methodist
- St. Isidore Parish
- Stop & Shop of Acton
- Table Talk Pies
- White Pond Neighborhood

### Fun Food Facts: Brussels Sprouts



Have you ever heard of the TAS2R38 gene? It's responsible for your experience tasting the bitter component in Brussels sprouts which may affect whether you enjoy them or not. These little cabbages contain more vitamin C than an orange, and 3 grams of fiber per cup. They are called Brussels sprouts because of their cultivation and popularity in Belgium in the 16th century. The biggest consumers of Brussels sprouts are in Britain, but the biggest producer is Mexico. If you're looking to add Brussels sprouts to your menu, try this quick and easy recipe recommended by Executive Director Emerita Jeanine Calabria - sweet grapes bring out the wonderfully nutty flavor of the sprouts.

Get Recipe



Donate Now

### Our Contact Information

\*{{Organization Name}}\*

\*{{Organization Address}}\*

\*{{Organization Phone}}\*

\*{{Organization Website}}\*

\*{{Unsubscribe}}\*