



## Star-Studded Chopped for Charity!

Tickets are going fast to our gala event, Chopped for Charity, on Friday May 3rd at Nashawtuc Country Club in Concord. Enjoy a night of culinary competition with chefs from True West in Acton, Svenfish in Maynard, and Panela in Lowell, with your host, TV and radio personality, Chef Joe Gatto. Win our judge auction, and you will earn your place with our experts, Jeanine Calabria and Sarah Blackburn. Additionally, VIP guests will enjoy a mixology competition featuring Tito's Handmade Vodka. Grab a friend, and get your tickets before we sell out!

[Learn More...](#)

[Get Tickets!](#)



## You're Invited to Our 35th Birthday Party

Join us on Friday, April 12th at our 33 Main St Maynard location to celebrate our 35th Birthday! Your support and commitment are why we have been able to serve our community for 35 years. We hope you stop by to learn more about our past and present operations and enjoy a slice of cake!

## Reason #20: Provide Milk, Dairy, and Eggs

When Open Table began in 1989, a carton of eggs cost \$1.00. Today, we've all seen prices soar at the grocery store and with electricity bills. These increased costs mean greater demand for our services among families facing budget challenges. It also strains our operating budget as we purchase food and keep our refrigerators running. Your donation ensures your neighbors in need receive milk, dairy, and eggs. Support us today to keep our fridges full!



[Donate Today](#)

## Internship Applications Open

Our Summer Student Internship program is back, offering 2-week sessions for high school students starting on June 17th. Participants can earn 40 hours of community service, acquire new skills, and gain valuable non-profit work experience to enhance their résumés, all while making a real difference. Applications accepted until April 12, and successful candidates will be notified by April 26.

[Learn More and Apply](#)



## Volunteer Spotlight: Tom Pye

Tom Pye has been our highly relied-upon transportation volunteer for almost two years, delivering meals and groceries for several of our mobile programs. Tom drives food to clients in Hudson and to multiple partners in Lowell, transporting over 800 lbs of food each week. His deliveries reach a wide variety of populations, including Brazilian families in Hudson, students at Lowell's Robinson Middle School, and refugees and asylum seekers through the International Institute of New England (IINE). Learn more about Tom and the mobile programs he serves on our [website](#).

[Read More](#)



## Program Book Opportunity



## Be a Part of the Program!

Chopped for Charity guests will receive a full color Program Book upon arrival. Reach this engaged audience with your Program Book Ad! Buy 1/4 Page for \$250, 1/2 Page for \$500, or a Full Page \$1000. Additionally, for \$100 you can have your name listed on our Shout Out Page. Learn more on our website or contact Jonathan at [jmagasanik@opentable.org](mailto:jmagasanik@opentable.org).

[Program Ads](#)

## Rotary Club's Personal Care Drive

The Rotary Clubs of Concord and Bedford are collecting personal care items to benefit Open Table. Items can be dropped off at any of the following locations through March:

- Action Unlimited, 100 Domino Dr, Concord
- Coldwell Banker, 11 Main Street, Concord
- Concord Teacakes, 59 Commonwealth Ave, Concord
- Keller Williams, 200 Baker Ave. Suite 205, Concord
- Middlesex Bank, 64 Main St, Concord
- Enterprise Bank, 340 Great Rd, Acton
- W. Concord Wine & Spirits, 1216 Main St, Concord
- Spirits of Maynard, 4 Digital Way, Maynard



Thank you for your support!

## Daisy Troop Springs into Action

We love to see kids helping other kids! Concord Daisy Troop #77144 created and filled Kids' Bags to bring snacks and smiles to the faces of some of our younger clients. Creating Kids' Bags is a fun way for groups of any age – whether they are companies, sports teams, clubs, or neighborhoods – to work together and make a difference. [Learn more HERE](#).



In addition, we extend our gratitude to our regular farm and grocery store partners, as well as to these wonderful donors who recently donated goods or funds in support of our mission:

- Acton-Boxborough United Way
- Dunkin'/Pesce Network
- The Fenn School
- Middlesex Bank, 64 Main St, Concord
- Maynard High School
- Rotary Club of Concord
- Stop & Shop of Acton
- Alex Kosicki and the Lindsey Pond Neighborhood
- Jen McGonigle
- Kathryn Simon
- Kathy Subbarthu
- Daniel Sum

## Fun Food Facts: Scallions



Some of the earliest local produce to show up at markets in the spring, scallions and green onions are interchangeable terms for the same vegetable.

Maybe you walk right by scallions at the grocery in search of something more substantial for dinner. But those slim stalks punch above their weight nutritionally. With vitamins C, K, and A, as well as inflammation fighting antioxidants, scallions are worth adding to salads, soups and stir-fries. Or try grilling or roasting them to bring out some sweetness.

Those slim stalks have even inspired a renowned Spanish food festival, the Calcotada. Held in late winter, it is a celebration of food and red wine, with copious amounts of grilled, charred scallions as the centerpiece.

Like all onions, scallions are part of the lily family, first cultivated in Asia over 3000 years ago. Scallions are quite important in traditional Chinese medicine, considered one of the warming foods, often used with ginger, and helpful in getting rid of colds and flu. Want to try it for yourself? Make a hot cup of ginger scallion tea the next time you feel a cold coming on and wrap up warmly. It just might make you feel better. And try Stephanie's recipe for Scallion Chicken for a tasty meal!

[Get Recipe](#)

## Our Contact Information

\*{{Organization Name}}\*  
 \*{{Organization Address}}\*  
 \*{{Organization Phone}}\*  
 \*{{Organization Website}}\*

\*{{Unsubscribe}}\*



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