News from Around the Table











from True West in Acton, Svenfish in Maynard, and Panela in Lowell, with your host, TV

and radio personality, Chef Joe Gatto. Win our judge auction, and you will earn your place with our experts, Jeanine Calabria and Sarah Blackburn. Additionally, VIP guests will enjoy a mixology competition featuring Tito's Handmade Vodka. Grab a friend, and get your tickets before we sell out! **Get Tickets!** Learn More...

Nashawtuc Country Club in Concord. Enjoy a night of culinary competition with chefs



Reason #20: Provide Milk, Reasons to Give #20: **Dairy, and Eggs** Provide milk and dairy products to every guest When Open Table began in 1989, a carton of eggs cost \$1.00. Today, we've all seen prices soar at the grocery store and with

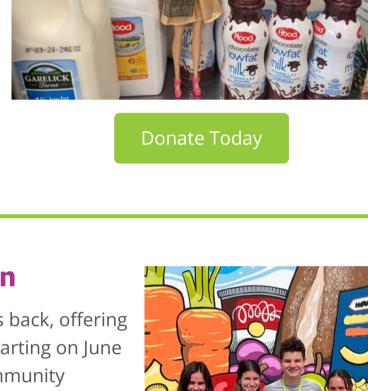
purchase food and keep our refrigerators running. Your donation ensures your neighbors in need receive milk, dairy, and eggs. Support us today to keep our fridges full! **Internship Applications Open** Our Summer Student Internship program is back, offering 2-week sessions for high school students starting on June 17th. Participants can earn 40 hours of community

electricity bills. These increased costs

mean greater demand for our services

among families facing budget challenges.

It also strains our operating budget as we



Volunteer Spotlight: Tom Pye Tom Pye has been our highly relied-upon transportation volunteer for almost two years, delivering meals and groceries for several of our mobile programs. Tom drives food to clients in Hudson and to multiple partners in Lowell, transporting over 800 lbs of food each week. His

deliveries reach a wide variety of populations, including

Brazilian families in Hudson, students at Lowell's

Robinson Middle School, and refugees and asylum

seekers through the International Institute of New

programs he serves on our <u>website</u>.

England (IINE). Learn more about Tom and the mobile

Read More

service, acquire new skills, and gain valuable non-profit

making a real difference. Applications accepted until April

12, and successful candidates will be notified by April 26.

Learn More and Apply

work experience to enhance their résumés, all while





Be a Part of the Program!

Out Page. Learn more on our website or contact Jonathan at <u>jmagasanik@opentable.org</u>. Program Ads **Rotary Club's Personal Care Drive** The Rotary Clubs of Concord and Bedford are collecting

Chopped for Charity guests will receive a full color Program Book upon arrival. Reach this

engaged audience with your Program Book Ad! Buy 1/4 Page for \$250, 1/2 Page for \$500,

or a Full Page \$1000. Additionally, for \$100 you can have your name listed on our Shout

Daisy Troop Springs into Action

In addition, we extend our gratitude to our regular farm and grocery store partners, as

well as to these wonderful donors who recently donated goods or funds in support of

Concord Keller Williams, 200 Baker Ave. Suite 205, Concord Middlesex Bank, 64 Main St, Concord

Thank you for your support!

our mission:

personal care items to benefit Open Table.

through March:

Items can be dropped off at any of the following locations

Action Unlimited, 100 Domino Dr, Concord

Coldwell Banker, 11 Main Street, Concord

Enterprise Bank, 340 Great Rd, Acton

Spirits of Maynard, 4 Digital Way, Maynard

W. Concord Wine & Spirits, 1216 Main St, Concord

Concord Teacakes, 59 Commonwealth Ave,

Troop #77144 created and filled Kids' Bags to bring snacks and smiles to the faces of some of our younger clients. Creating Kids' Bags is a fun way for groups of any age – whether they are companies, sports teams, clubs, or neighborhoods – to work together and make a difference. Learn more HERE.

We love to see kids helping other kids! Concord Daisy

 Dunkin'/Pesce Network The Fenn School Jen McGonigle Fowler Middle School

Acton-Boxborough United Way

Maynard High School

Stop & Shop of Acton

Rotary Club of Concord

- Fun Food Facts: Scallions

Alex Kosicki and the Lindsey Pond

Neighborhood

Jennifer Simon

Daniel Sum

Kathy Subharthu



Some of the earliest local produce to show up at markets in the spring, scallions and

Maybe you walk right by scallions at the grocery in search of something more

substantial for dinner. But those slim stalks punch above their weight nutritionally.

green onions are interchangeable terms for the same vegetable.

With vitamins C, K, and A, as well as inflammation fighting antioxidants, scallions are worth adding to salads, soups and stir-fries. Or try grilling or roasting them to bring out some sweetness. Those slim stalks have even inspired a renowned Spanish food festival, the Calcotada. Held in late winter, it is a celebration of food and red wine, with copious amounts of

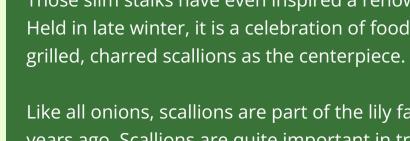
Like all onions, scallions are part of the lily family, first cultivated in Asia over 3000 years ago. Scallions are quite important in traditional Chinese medicine, considered one of the warming foods, often used with ginger, and helpful in getting rid of colds and flu. Want to try it for yourself? Make a hot cup of ginger scallion tea the next time











Our Contact Information

{{Organization Name}} *{{Organization Address}}* *{{Organization Phone}}* *{{Organization Website}}*

{{Unsubscribe}}

you feel a cold coming on and wrap up warmly. It just might make you feel better. And try Stephanie's recipe for Scallion Chicken for a tasty meal! Get Recipe

Donate Now