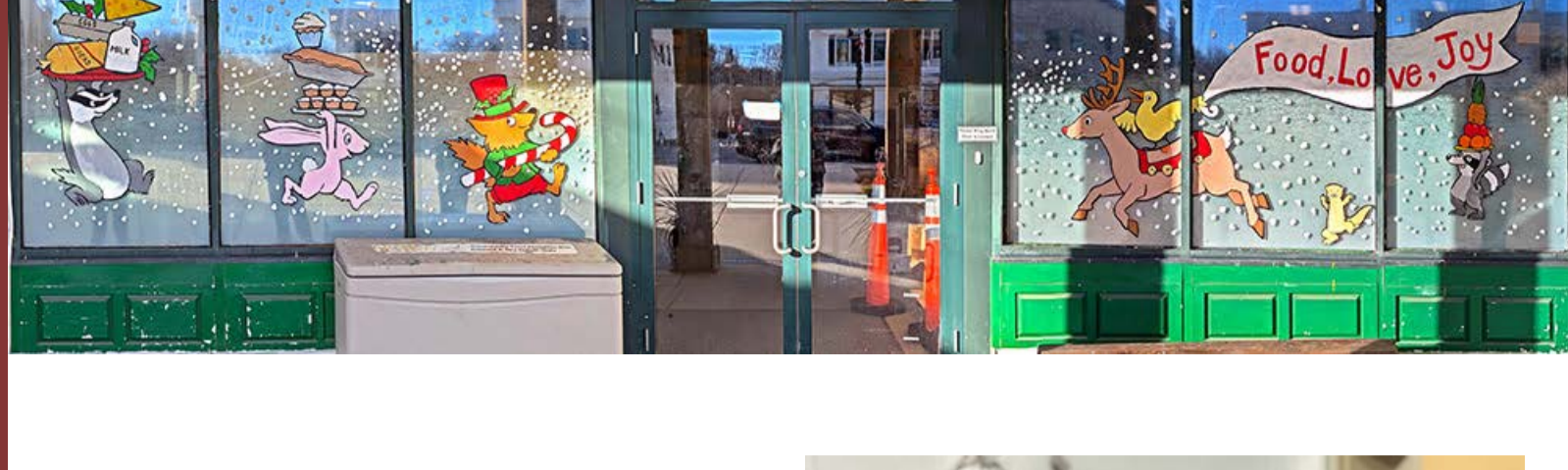




OPEN TABLE

MORE LOVE – LESS HUNGER

News from Around the Table



A Future with Less Hunger

More guests are turning to our pantry, and they're visiting more often than ever before. With your generous support, families can count on **staples like milk, eggs, and fresh produce every week.** Your donation ensures that our shelves stay stocked and our promise to provide healthy, nutritious food is fulfilled.

Together we can Build a Future with Less Hunger!

[Build a Future with Less Hunger](#)



December Schedule Changes

Open Table will be **closed to the Public December 23-27, 2024 and January 1, 2025.**

There will be no online or phone orders for December 30th - January 2, 2025. We will be offering prepared meals and groceries with modest choice:

Tuesday 12/31/24
Reduced Hours: 1:00pm – 3:30pm

Thursday 01/02/25
Regular Hours: 11:00am - 4:30pm

Online and phone orders will resume Thursday, January 2, 2024 for the following week.

Thanks from our Family to Yours

Thanks to generous supporters from **thirty** surrounding towns, we collected over **600 bags** filled with items from our **12 Days of Giving** list.

Our guests greatly appreciate this special holiday addition to our pantry distribution.



Annex Grand Opening - Save the Date

We are excited to announce the Grand Opening of our new Annex space, to be held on the morning of Friday, January 24, 2025! Join us for a brief program to recognize and thank the many individuals and groups who made this important expansion possible. Guests will have the opportunity to tour the new facility, learn how it enhances our services, and enjoy a light breakfast of coffee and bagels. We look forward to celebrating this milestone with you!

DATE: Friday, January 24
TIME: 10:00 – 11:00 AM
LOCATION: 33 Main Street, Maynard

An invitation and more details will be available in January.



[Learn More](#)

So Many Thanks!

Our hearts are overflowing with gratitude for the many scout troops, companies, organizations, families, and individuals who have generously contributed kids' bags, groceries, and financial support over the past month.

It would be hard to thank all of our recent supporters in an email newsletter, but we want to highlight just a few whose efforts have made a significant impact. These contributions and many more have helped ensure that we can continue providing essential food and care to those in our community who need it most.

- aPriori Technologies
- Ascension Parish
- BSA Troop 65
- Cambridge Savings Charitable Foundation
- Concord Carlisle High School
- Concord Montessori School
- Congregation Kerem Shalom
- Corinthian Lodge AF&M
- Design 1 Kitchen * Bath
- Emerson Health
- First Parish in Concord
- Friends of CCHS Sports & Activities
- Girl Scout Troop 65440
- Daisy Troop 84346
- Hutchins Farm
- Lincoln Public School 5th Grade
- Maynard Holiday Parade
- Musketaquid Neighborhood
- Nashawtuc Country Club
- Nashoba Neighborhood
- Scimona Farm
- The Children's Meetinghouse
- Thoreau Elementary School
- Troop 64187



Fun Food Facts: Pomegranate



Opening a pomegranate is like opening a treasure chest filled with bright red seeds (called arils) that are both sweet and tart. Often called the "jewel of winter," this fruit has been prominent in mythology, art, and even ancient medicine. In legend, it was Persephone's bite into a pomegranate that bound her to Hades for six months, causing us to have seasons.

Pomegranates are technically berries and each one can have up to 1000 seeds. Need some exercise? Try cracking one open—it can be a workout just to retrieve those juicy gems. And it seems everyone has their favorite method for separating the seeds from the membrane. Try removing the seeds in a bowl of water—the seeds will float to the top.

Their health benefits are impressive. Packed with antioxidants, vitamins, and anti-inflammatory properties, pomegranates are often hailed as a superfood. They're also just plain fun to eat. Sprinkle the seeds on salads, blend them into smoothies, or snack straight from the fruit—well worth the red-stained fingers.

If you are looking for more ways to use pomegranates this season, try one or both of these recipes.

[Tomato & Pomegranate Salad](#)

[Roasted Squash](#)

Our Contact Information

{{Organization Name}}
{{Organization Address}}
{{Organization Phone}}
{{Organization Website}}



[DONATE](#)