News from Around the Table







Watch the chefs compete Friday, May 30th

Open Table

Thank you Tims Wealth Parmers

to our Sponsors



Investment Committee

Tickets are on sale NOW - Chopped for Charity 2025

kicks off with a VIP hour featuring live music and a fabulous wine tasting, then heats

Our Chopped for Charity chefs are ready for the competition to begin! The evening

up as our three talented chefs take the stage to cook up a storm. Chef Lucmann Pierre returns as head judge, joined by two lucky guests who will win their spots through our live auction. Fan-favorite past contestants are also back with exciting auction items of their own, including unique private chef experiences you won't want to miss. Add in delicious food, a silent auction, and the opportunity to spread *More* Love, Less Hunger—and you've got a night to remember. **Get your tickets before we** sell out! Friday, May 30, 2025 **Purchase Tickets**

VIP Tickets: \$250 - Reception starts at 5:30pm

Nashawtuc Country Club, Concord

General Admission: \$175 – Doors open at 6:00pm

Learn More...

Up Kindness for Open Table "We like to support local organizations, especially those that address food need in

the community," says Megan Pesce. She and her husband Mark, Concord residents and owners of over 50 Dunkin' locations, have been longtime supporters of Open Table through their company, The Pesce Network/Dunkin'. From handson volunteering to generous financial support, their commitment to fighting food insecurity is both personal and impactful. Read the Story



when I come to pick up my food is is the only conversation I have all day." Anonymous Client

"Everybody at Open Table is so cheerful and

helpful. Sometimes the conversation I have

Help Grow Our Mission: Employment Opportunity

fundraising efforts. This is a new position that will help ensure we have the resources

Open Table seeks a Chief Development Officer (CDO) to lead and expand our

we need to sustain and grow our mission. As a key member of our team, the CDO will provide strategic direction and oversight for our fundraising and development

initiatives, and will be actively engaged in regular in-person meetings and events. Our ideal candidate is a talented fundraising professional with a strong track record of building meaningful donor relationships. Learn More...

Stamp Out Hunger - May

Read the Article

Association of Letter Carriers (NALC), mail carriers will collect non-perishable, nonexpired food donations along their regular routes.

nationwide effort by the National

10th

Open Table will receive donations from residents in Maynard and Concord—so leave a bag by your mailbox and help fight hunger in your community!

The Postal Workers' Food Drive returns on

Saturday, May 10, 2025! As part of this

While uncertainty lies ahead, we remain committed to ensuring families in our and how you can help.



OF LETTER CARRIERS

West Concord Donation Bin

Open Table is excited to announce a new

home for our donation bin—now located

at the Concord Human Services building

We're grateful to Assistant Town Manager

at 55 Church Street in West Concord!

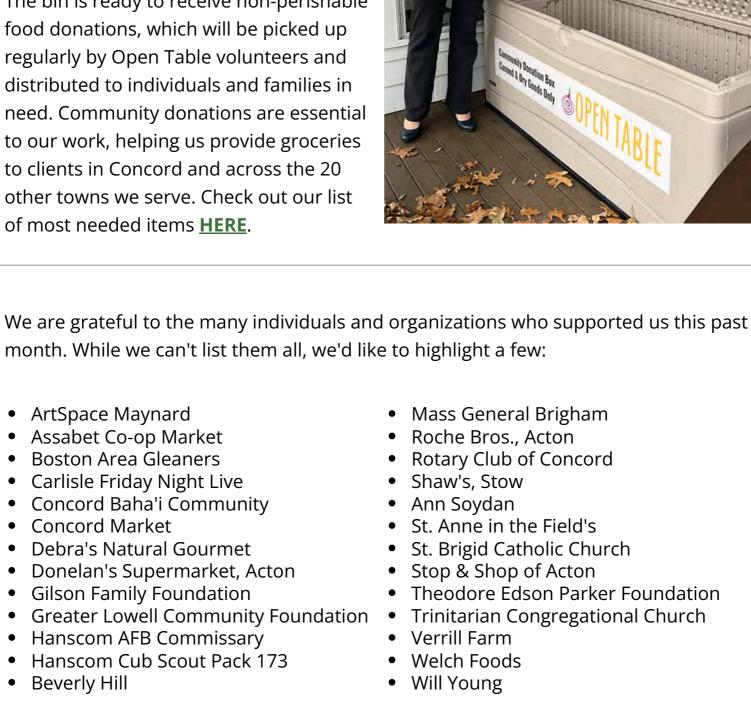
Jessica Porter for being on hand to

Concord for generously hosting it.

welcome the bin and to the Town of

The bin is ready to receive non-perishable food donations, which will be picked up regularly by Open Table volunteers and distributed to individuals and families in need. Community donations are essential to our work, helping us provide groceries to clients in Concord and across the 20 other towns we serve. Check out our list of most needed items **HERE**.

month. While we can't list them all, we'd like to highlight a few: ArtSpace Maynard Assabet Co-op Market Boston Area Gleaners Carlisle Friday Night Live Concord Baha'i Community Concord Market



Fun Food Facts: Parsnips

Beverly Hill

Debra's Natural Gourmet

Gilson Family Foundation

Hanscom AFB Commissary

Donelan's Supermarket, Acton

Hanscom Cub Scout Pack 173





starches into natural sugars. In fact, the sweetest parsnips are left in the ground all

Rich in fiber, vitamin C, potassium, and folate, parsnips are a nutritious addition to

many meals. Their high fiber content supports digestion, while potassium helps

but have a sweeter, nuttier flavor, especially after a frost, which converts their

winter and harvested in early spring.

regulate blood pressure and support heart health.

parsnips during your next trip to the grocery store.

In recent years parsnips have had a resurgence among chefs looking for rustic ingredients with high flavor. They are incredibly versatile and can be roasted, mashed, steamed, or added to soups and stews for a subtly sweet and earthy depth. Thinly sliced and baked, they even make delicious vegetable chips. For a twist, try pureeing them with garlic and olive oil for a comforting, creamy side dish.

Mashed Carrots and Parsnips Carrot Parsnip Soup

If you are looking for something new with an old-world history, pick up a pound of







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