

Welcome



Annual Meeting and
Volunteer Appreciation



Py 25



Highlight

Mission & Values

Open Table's mission is to end hunger in our local community by providing healthy food in ways that respect the dignity and diversity of those served.

We offer a wide variety of healthy and culturally appropriate food choices in our pantry and meal programs and engage a team of diverse, committed, and passionate staff and volunteers.

What does it mean to be food secure?

Food security = having reliable access to a sufficient quantity of affordable, nutritious food

- Reliable= you can count on it
- Access = you can get to it
- Sufficient quality = there is enough of it
- Affordable = you can pay for it without making hard choices
- Nutritious = it gives your body what it needs to grow and stay healthy

Who Do We Serve?

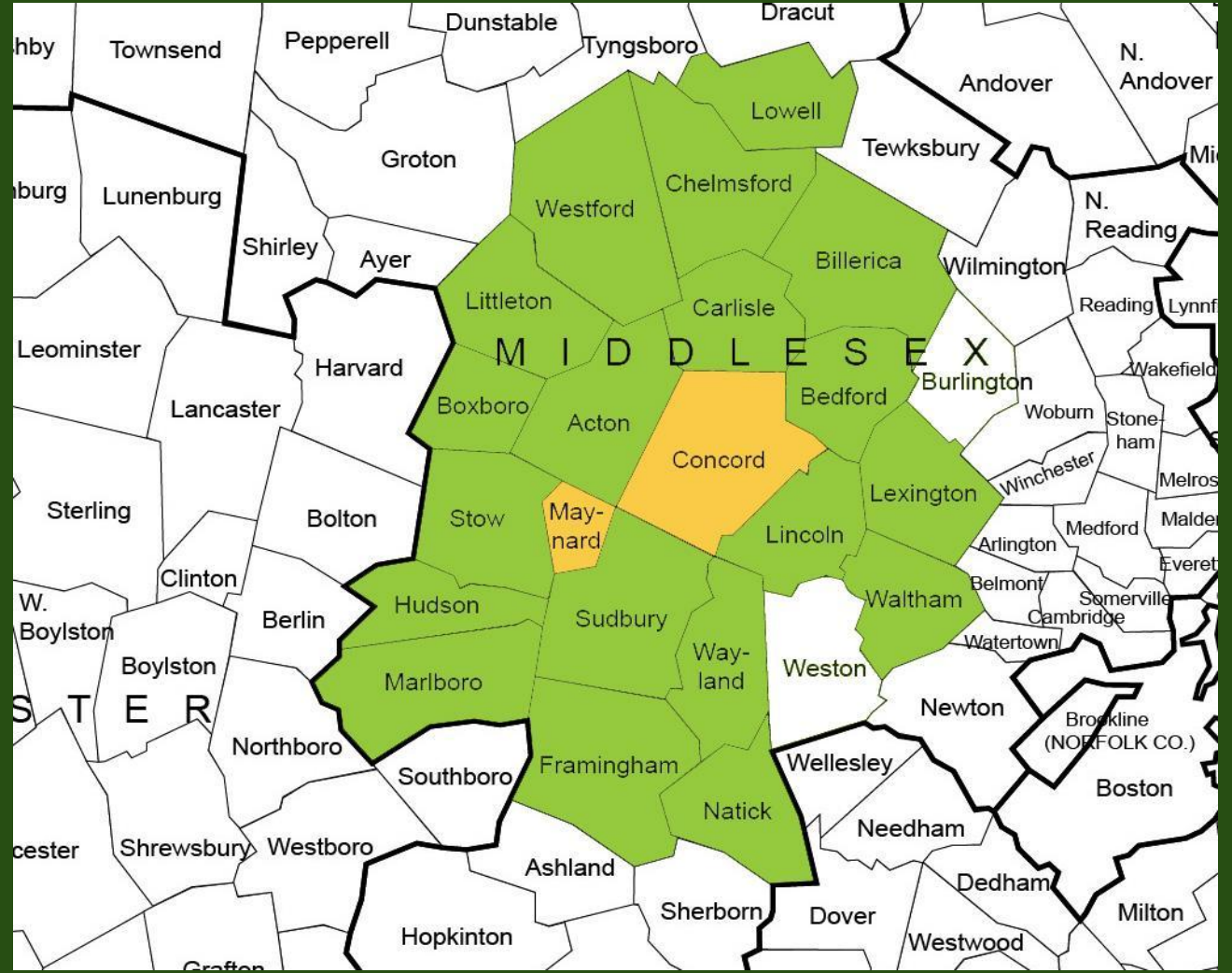
- ✓ 21 communities in Middlesex County
- ✓ Anyone who works in Maynard or Concord

FY25 Top 5 communities

1. Maynard
2. Acton
3. Lowell
4. Hudson
5. Concord



65% of food



Why Do We Do It?

- 1 in 3 Massachusetts adults struggle with food insecurity
- Individuals in food insecure households are at higher risk for chronic health diseases and hospitalizations
- 75% of households receiving monthly food benefits need additional food assistance
- In past 12 months reliance on food pantries increased in frequency and amount of food needed
- Food-insecure households are making trade-offs for basic needs

FY25 Data: July 1, 2024 - June 30, 2025

Metric	FY25	% Change
Food Distributed at Pantries (lbs)	925,063	5%
Frozen & Fresh Meals (# meals)	78,845	0%
Pantry Visits & Deliveries (# households)	25,146	11%
Unique Individuals Served (# people)	8,821	4%
Meals Equivalent* (# meals)	770,886	5%

*Based on Feeding America guideline of 1.2 pound = 1 meal

What you give: FY25

- 598 volunteers
- 24,688 hours of service
- 261 new volunteers
- 116 volunteer shifts/week
- Average 55 volunteers / day
- Fair market value: over \$750,000/year

Coming Soon....



Settled In...



What's Next: Strategic Plan Considerations

Opportunities:

- **Tremendous volunteer interest and consistent participation**
- High levels of trust with clients
- Very strong local support and partnerships
- Increased facilities and storage capacity

Challenges:

- Impact of inflation and tariffs on food and supply prices
- Increased demand related to food benefits and other safety net program reductions
- Uncertain supply of food from our major sources